

**MONDAY****1-Feb**

Beef Patties  
 Mashed Potatoes w/Gravy  
 Peas & Carrots  
 Bananas  
 Yogurt  
 Wheat Bread  
 Milk

**8-Feb**

Pork Chops w/Mushroom Gravy  
 Mashed Potatoes w/Gravy  
 Chateau Vegetable Blend  
 Mixed Green Salad  
 Fresh Fruit  
 Wheat Bread  
 Milk

**15-Feb**

Chicken Alfredo  
 Broccoli  
 Cottage Cheese  
 Peaches  
 Wheat Bread  
 Milk

**22-Feb**

Sloppy Joe's  
 Sweet Potato Puffs  
 Marinated Vegetable Salad  
 Pears  
 Wheat Bun  
 Milk

**TUESDAY****2-Feb**

Beef Fajita's  
 Ranch Style Beans  
 Lettuce & Tomato Salad  
 Pineapple  
 Tortillas  
 Milk

**9-Feb**

Chicken Creole  
 Rice  
 Green Beans  
 Marinated Tomato Salad  
 Plums  
 Wheat Bread  
 Milk

**16-Feb**

Beef & Potato Pie  
 Lima Beans  
 Spinach & Mushroom Salad  
 Fresh Fruit  
 Wheat Bread  
 Milk

**23-Feb**

Goulash  
 Sunshine Carrots  
 Creamy Green Pepper Salad  
 Tropical Fruit  
 Wheat Rolls  
 Milk

**WEDNESDAY****3-Feb**

Polish Sausage Casserole  
 Chuckwagon Vegetable Blend  
 Orange Carrot Salad  
 Apricots  
 Wheat Rolls  
 Milk

**10-Feb**

Lemon Steamed Fish  
 Tater Tots  
 Stewed Tomatoes  
 Broccoli & Cauliflower Salad  
 Mandarin Oranges  
 Wheat Bread  
 Milk

**17-Feb**

Turkey Lasagna  
 Zucchini  
 Chunky Applesauce  
 Oreo Cookie Dessert  
 Garlic Bread  
 Milk

**24-Feb**

Baked Chicken  
 Mashed Potatoes w/Gravy  
 Beets  
 Jello  
 Grapes  
 Wheat Bread  
 Milk

**THURSDAY****4-Feb**

Rosemary Roasted Chicken  
 Mashed Potato w/Gravy  
 Winter Vegetable Blend  
 Caesars Salad  
 Fresh Fruit  
 Wheat Bread  
 Milk

**11-Feb**

Roast Beef  
 Honey Roasted Red Potatoes  
 Carrots  
 German Coleslaw  
 Mixed Berries  
 Wheat Roll  
 Milk

**18-Feb**

Meatloaf  
 Baked Potato  
 Monte Carlo Vegetable Blend  
 Bacon Ranch Pea Salad  
 Apricots  
 Wheat Rolls  
 Milk

**25-Feb**

Baked Ham w/Pineapple Sauce  
 Scalloped Potatoes  
 Brussels Sprouts  
 Greek Salad  
 Fresh Fruit  
 Wheat Bread  
 Milk

**FRIDAY****5-Feb**

BBQ Pork Riblets  
 French Fries  
 Sugar Snap Peas  
 Cucumber & Onion Salad  
 Apple Rings Spiced  
 Wheat Bread  
 Milk

**12-Feb**

Scrambled Eggs  
 Turkey Sausage  
 Hashbrowns  
 Bananas  
 Granola Bars  
 Biscuits  
 Milk  
 V-8 Juice

**19-Feb**

Pizza w/Meat & Vegetables  
 Oregon Bean Medley  
 Prunes  
 Pudding  
 Milk

**26-Feb**

Tuna Cauliflower Au Gratin  
 Asparagus  
 Vegetable Salad  
 Grapefruit  
 Wheat Bread  
 Milk